# NCERT Solutions for Class 11 Biology Chapter 22 Chemical Coordination and integration

Q1. Define the following:
(a) Exocrine gland
Answer:
Exocrine gland-
The glands which discharge their secretions into ducts are known as exocrine glands.
Examples of exocrine glands include sebaceous gland in the skin, salivary gland in the
buccal cavity, etc.
Q1. Define the following:
(b) Endocrine gland
Answer:
Endocrine glands-
The glands which do not discharge their secretions into ducts are known as endocrine
glands. These glands discharge their secretions directly into the blood. Examples of
endocrine glands include Pituitary gland, thyroid gland, adrenal gland, etc.
Q1. Define the following:
(c) Hormone
Answer:

Hormones-	
The hormones are chemical messengers that regulate physiological proces	ses in living
organisms. They act upon specific cells/tissues/organs.	
Q2. Diagrammatically indicate the location of the various endocrine glands	in our body.
Answer:	

Location of the various endocrine glands in our body is depicted below

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Q3. List the hormones secreted by the following:

(a) Hypothalamu

Answer:

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The hormones secreted by the hypothalamus include divided into two groups

- (1). Releasing hormones- These include gonadotropin-releasing hormone, thyrotropin-releasing hormone, somatotropin-releasing hormone, adrenocorticotrophin-releasing hormone
- (2). Inhibiting hormones: These include somatostatin, growth-inhibiting hormone, melanocyte-inhibiting hormone
- **Q3.** List the hormones secreted by the following:

#### (b) Pituitary

#### Answer:

The pituitary gland has two components i.e., adenohypophysis and neurohypophysis.

Hormones secreted by the adenohypophysis are growth hormone (GH), prolactin, thyroid-stimulating hormone (TSH), adrenocorticotrophic hormone (ACTH), luteinizing hormone (LH), follicle-stimulating hormone (FSH), melanocyte-stimulating hormone (MSH)

Hormones secreted by the neurohypophysis are oxytocin and vasopressin

Q3. List the hormones secreted by the following: (c) Thyroid

#### Answer:

Thyroid gland- The thyroid gland secretes three hormones namely, thyroxin, triiodothyronine, and calcitonin.

## **Q3.** List the hormones secreted by the following:

(d) Parathyroid			
Answer:			
Parathyroid- It secretes parathyroid hormone			
Q3. List the hormones secreted by the following:			
(e) Adrenal			
Answer:			
Adrenal gland - The adrenal gland is divided into two parts, the outer adrenal cortex and			
the inner adrenal medulla.			
Hormones of adrenal cortex include aldosterone and cortisol.			
Hormones of adrenal medulla are adrenaline and nor-adrenalin.			
Q3. List the hormones secreted by the following:			
(f) Pancrea			
Answer:			
Pancreas: Hormones secreted by the pancreas are insulin and glucagon.			
Q3. List the hormones secreted by the following:			
(g) Testi			
Answer:			

Testis: The hormone secreted by the testis is testosterone.			
Q3. List the hormones secreted by the following:			
(h) Ovary			
Answer:			
Ovary: The hormone secreted by the ovary includes estrogen and progesterone.			
Q3. List the hormones secreted by the following:			
(i) Thymus			
Answer:			
Thymus: Hormones secreted by the thymus are thymosins.			
Q3. List the hormones secreted by the following:			
(i) Atrium			
Answer:			
Atrium: The walls of the atrium secrete atrial natriuretic factor.			
Q3. List the hormones secreted by the following:			
(k) Kidney			
Answer:			
Kidney: The hormone secreted by the kidney is erythropoietin.			

Q3. List the hormones secreted by the following:
(I) G-I Tract
Answer:
G-I tract- The hormones secreted by the G-I tract are Gastrin, secretin, cholecystokinin
(CCK), and gastric inhibitory peptide (GIP).
Q4. Fill in the blanks:
Hormones Target gland
(a) Hypothalamic hormones
(b) Thyrotrophin (TSH)
(c) Corticotrophin (ACTH)
(d) Gonadotrophins (LH, FSH)
(e) Melanotrophin (MSH)
Answer:

## **Hormones Target gland**

- (a) Hypothalamic hormones Pituitary gland
- (b) Thyrotrophin (TSH) Thyroid gland
- (c) Corticotrophin (ACTH) Adrenal cortex
- (d) Gonadotrophins (LH, FSH) Testis and ovaries
- (e) Melanotrophin (MSH) Pigment cells of the dermis of the skin

## **Q5.** Write short notes on the functions of the following hormones:

### (a) Parathyroid hormone (PTH)

#### Answer:

Function of Parathyroid hormone (PTH):

- The parathyroid hormone maintains the calcium levels in the body.
- It increases the calcium levels of the blood.
- It stimulates bone resorption which demineralises bones increasing blood calcium levels.
- It also stimulates calcium absorption by renal tubules and from the digested food.

#### **Q5.** Write short notes on the functions of the following hormones:

#### (b) Thyroid hormone

#### Answer:

Function of Thyroid hormones are given below:

## Thyroxine/tetraiodothyronine (T4):

- It regulates the basal metabolic rate (BMR).
- It regulates body growth such as ossification of bones and mental development.
- It controls body weight.
- It also controls tissue differentiation and metamorphosis of the tadpole larva into an adult frog.
- It suppresses RBC formation.

#### Tri-iodothyronine (T3):

- It increases the body's oxygen and energy consumption.
- It increases the heart rate and force of contraction which increases the cardiac output.
  - **Q5.** Write short notes on the functions of the following hormones:
  - (c) Thymosin

#### Answer:

Function of Thymosins given below:

- Thymosin stimulates the differentiation of T-lymphocytes and provides cell-mediated immunity.
- It promotes the production of antibodies to provide humoral immunity.
- It also stimulates the rate of cell division in kids and hence promotes growth.
  - **Q5.** Write short notes on the functions of the following hormones:
  - (d) Androgens

#### Answer:

The function of Androgens are given below:

#### **Testosterone:**

Testosterone helps in the maturation of sperms.

It stimulates the growth and development of the male reproductive system.

It stimulates the development of secondary sexual characters such as beard and moustache.

It produces anabolic effects on protein and carbohydrate metabolism.

#### Androsterone:

It affects the masculinisation of the foetus and child, and maintains or creates masculine traits in adults.

**Q5.** Write short notes on the functions of the following hormones:

#### (e) Estrogen

#### Answer:

The primary function of estrogens is the development of female secondary sexual characteristics. These include breasts, endometrium, regulation of the menstrual cycle, etc. In males, estrogen helps in maturation of the sperm and maintenance of a healthy libido.

**Q5.** Write short notes on the functions of the following hormones:

## (f) Insulin and Glucagon

#### Answer:

The function of Insulin and Glucagon are given below:

#### Insulin:

It plays a major role in the regulation of glucose homeostasis.

It acts on hepatocytes and adipocytes.

It stimulates the transport of glucose from the blood to muscle.

It promotes the oxidation of glucose and the conversion of glucose to glycogen, i.e. glycogenesis, resulting in hypoglycemia.

## Glucagon:

It plays a major role in the maintenance of normal blood glucose levels.

It acts on hepatocytes and stimulates the conversion of glycogen into glucose.

It also stimulates the process of gluconeogenesis, i.e. the conversion of non-carbohydrate substances such as fats and proteins to glucose.

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**Q6.** Give example(s) of:

(a) Hyperglycemic hormone and hypoglycemic hormone

#### Answer:

Hyperglycemic hormone- glucagon

hypoglycemic hormone- insulin

Q6. Give example(s) of:

(b) Hypercalcemic hormone

#### Answer:

Parathormone hormone

**Q6.** Give example(s) of:

(c) Gonadotrophic hormone

Answer:
Luteinising hormone (LH)
Follicle-stimulating hormone (FSH)
Q6. Give example(s) of:
(d) Progestational hormone
Answer:
Progesterone
Q6. Give example(s) of:
(e) Blood pressure lowering hormone
Answer:
Atrial natriuretic factor
Q6. Give example(s) of:
(f) Androgens and estrogens
Answer:
Androgens : Testosterone and androsterone
Estrogens : β-oestradiol
Q7. Which hormonal deficiency is responsible for the following:

(a) Diabetes mellitu
Answer:
Insufficient secretion of insulin is responsible.
Q7. Which hormonal deficiency is responsible for the following:
(b) Goitre
Answer:
Insufficient secretion of thyroxin is responsible.
Q7. Which hormonal deficiency is responsible for the following:
(c) Cretinism
Answer:
Insufficient secretion of thyroxine is responsible.
Q8. Briefly mention the mechanism of action of FSH.
Answer:

Follicle-stimulating hormone (FSH) is a glycoprotein polypeptide hormone. It is insoluble

in lipid and hence cannot enter the target cell. This hormone binds to the cell surface

and activates cellular systems to perform functions.

Steps in action of FSH:

- A molecule of FSH binds on the receptor protein present on the cell surface and forms the hormone-receptor complex.
- Formation of hormone-receptor complex activates the enzyme adenyl cyclase.
- Adenyl cyclase converts ATP into cyclic AMP (cAMP) as a second messenger.
- cAMP activates the follicular cells of membrane granulose to secrete estrogens.

Q9. Match the following:

Q9. Match the following:  Column I	Column II
Column	Column II
(a) T <sub>4</sub>	(i) Hypothalamus
(b) PTH	(ii) Thyroid
(c) GnRH	(iii) Pituitary
(d) LH	(iv) Parathyroid

## Answer:

(a) T <sub>4</sub>	(ii) Thyroid
(b) PTH	(iv) Parathyroid
(c) GnRH	(i) Hypothalamus
(d) LH	(iii) Pituitary
Column I	Column II
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