

Elevate Your Exam Game: Aakash Educational Services Unveils 'Aakash Breakroom' Podcast, Your Essential Guide to NEET & JEE Success and Personal Growth

- **Empowering Students: Proven Strategies for NEET & JEE Success**
- **Navigating Exam Pressure: Strategies for Academic Excellence and Personal Well-Being**
- **'Aakash Breakroom' podcast (<https://www.youtube.com/watch?v=eIPDa6WRo5Q>) will provide an enhanced learning experience for NEET and JEE aspirants**

National, October 14, 2024: Aakash Educational Services Limited (AESL), the national leader in test preparatory services for NEET and JEE, is proud to announce the launch of its podcast series, **"Aakash Breakroom"** to motivate and educate students, offering actionable strategies to enhance their NEET and JEE exam preparation. This podcast is designed to support and meet the needs of students preparing for competitive exams, offering academic insights and guidance on personal growth and well-being.

The Aakash Breakroom podcast will feature a wide range of topics, focusing on helping students excel academically and navigating exam preparation pressure. It will cover effective strategies for success in competitive exams, providing proven academic tips and tricks to aid students in their study process. In addition to academic advice, the podcast will address the critical issue of stress management, sharing techniques to help students manage pressure and maintain their focus during high-stress periods.

Recognizing the importance of a balanced lifestyle, the podcast will also offer insights on how students can maintain their well-being while pursuing their academic goals. Beyond academics, the podcast will provide a platform for sharing personal stories and insights from experienced individuals, helping students feel supported in both their academic and personal journeys.

Speaking about the launch, **Mr. Deepak Mehrotra, MD & CEO of Aakash Educational Services Limited (AESL)**, said, *"At AESL, we believe that success in competitive exams goes beyond academic knowledge—it requires resilience, balance, and emotional strength. With the launch of the Aakash Breakroom podcast, we're providing students with not just the tools to excel in exams, but also the mental and emotional support they need to thrive in this demanding journey. Our aim is to inspire, motivate, and equip students with strategies that prepare them for both the rigors of the exam and the challenges of life beyond it."*

AESL is recognized for offering thorough and effective preparation programs for students aiming to excel in high-stakes medical (NEET) and engineering entrance exams (JEE), as well as competitive exams like NTSE and Olympiads. The institute is dedicated to delivering top-quality test preparation services that empower students to realize their full potential and succeed in their academic pursuits.

About Aakash Educational Services Limited (AESL)

Aakash Educational Services Limited (AESL) is India's leading test preparatory company that specializes in providing comprehensive and effective preparation services for students preparing for high stakes Medical (NEET) and Engineering entrance examinations (JEE) and competitive exams such as NTSE and Olympiads.

PRESS RELEASE

AESL has a pan India network of over 315 centres with over 400,000+ currently enrolled students and has established an unassailable market position and brand value over the last 36 years. It is committed to providing the highest quality test preparation services to unlock students' true potential and achieve success in their academic endeavours.

AESL takes a student-centric approach to test preparation, recognizing that every student is unique and has individual needs. It has a team of highly qualified and experienced instructors who are passionate about helping students achieve their dreams. The company's programmes are designed to be flexible and its teaching methodologies are backed by the latest technologies to ensure that students are well-prepared for their exams.

www.aakash.ac.in